# AFFICHAGE DES ALLERGENES PRÉSENTS VOLONTAIREMENT DANS LES MENUS

| ConviVio | GLUTEN | LAIT | OEUF | POISSON | SOJA | MOLLUSQUES / CRUSTACÉS | SÉSAME | ARACHIDE | MOUTARDE | LUPIN | CELERI | FRUITS A COQUE | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Vinaigrette | x | | | | | | | | X | | | | X |
| Laitage - fromage | x | X | | | | | | | | | | | |
| Pain | X | x | | | | | | | | | | | |
| **lundi 9 mars 2026** | | | | | | | | | | | | | |
| Coleslaw | x | x | x | | | | | | | | | | X |
| Soupe | X | X | X | | | | | | X | | | | X |
| Terrine légumes | x | x | x | | | | | | X | | | | X |
| | | | | | | | | | | | | | |
| Merlu pané | X | X | x | x | | | | | x | | | | X |
| Nuggets | X | X | X | | | | | | x | | | | x |
| Riz | X | | | | | | | | | | | | |
| Gratin epinard | X | X | | | | | | | x | | | | x |
| Fruit Saison | | | | | | | | | | | | | |
| Mousse Chocolat | x | x | x | | | | | | | | | | x |
| Salade de fruits | | | | | | | | | | | | | |
| Fromage blanc / Compote | x | x | | | | | | | | | | | x |
| **mardi 10 mars 2026** | | | | | | | | | | | | | |
| Pomelos | | | | | | | | | | | | | |
| Soupe | x | x | x | | | | | | x | | | | X |
| Chou chinois | X | | | | | | | | X | | | | X |
| | | | | | | | | | | | | | |
| Mijoté bœuf | X | X | | | | | | | x | | X | | X |
| Filet de Poisson | X | X | | x | | | | | X | | X | | |
| Semoule | | | | | | | | | | | | | |
| Fenouil braisé | x | X | | | | | | | | | x | | x |
| Fruit Saison | | | | | | | | | | | | | |
| Beignets | x | X | | | X | | | | | | | | |
| Compote / Fromage Blanc | x | x | | | | | | | | | | | x |
| Salade de fruits | | | | | | | | | | | | | |
| **mercredi 11 mars 2026** | | | | | | | | | | | | | |
| Brocolis | x | | | | x | | | | x | | x | | x |
| Betteraves | x | | | | x | | | | x | | x | | x |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| Pizza | X | X | x | | | | | | | | X | | X |
| | | | | | | | | | | | | | |
| Salade vert | x | | | | | | | | x | | | | x |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| Fruits saison | | | | | | | | | | | | | |
| Paris Brest | x | x | x | | | | | | | | | | x |
| | | | | | | | | | | | | | |
| **jeudi 12 mars 2026** | | | | | | | | | | | | | |
| Celeri râpé | x | x | | | | | | | x | | | | x |
| Endives | x | x | | | | | | | x | | | | x |
| Soupe | X | x | x | | | | | | x | | | | X |
| | | | | | | | | | | | | | |
| Omelette | X | X | x | | | | | | | | | | X |
| Bolognaise légumes | X | X | | | x | | | | | | X | | x |
| Pates | x | X | x | | | | | | | | | | x |
| Haricot verts | X | X | | | | | | | | | | | x |
| Fruit Saison | | | | | | | | | | | | | |
| Gateau Maison | x | x | x | | | | | | | | | | x |
| Fromage blanc / Compote | X | X | | | | | | | | | | | x |
| Salade fruits | | | | | | | | | | | | | |
| **vendredi 13 mars 2026** | | | | | | | | | | | | | |
| Volute légumes | x | X | | | x | | | | | | x | | x |
| Carottes râpé | x | | | | | | | | X | | | | X |
| Soupe | x | x | x | | | | | | x | | | | x |
| | | | | | | | | | | | | | |
| Filet de Poisson | X | X | | x | | | | | | | | | x |
| Saucisse Toulouse | x | X | | | | | | | x | | | | x |
| Lentilles | x | | | | | | | | | | x | x | |
| Poelee légumes | X | X | | | | | | | | | | | |
| Fruit Saison | | | | | | | | | | | | | |
| Liegeois | x | X | x | | | | | | | | | | x |
| Salade fruits | | | | | | | | | | | | | |
| Fromage blanc / Compote | x | X | | | | | | | | | | | x |